



NEWS

CRAFTED BY
THE
COMMUNITY



...Summer 2022...



Chris has been volunteering with the Outdoor Spaces group:

"I have been helping with developing a hub where people from different parts of the local community can meet. I enjoy the feeling of helping others and sharing knowledge, tips on using tools, and gardening.

It has been brilliant to engage with younger members of the community and hopefully encouraging them to take an interest in plants and planting.

I've got to know a great bunch of people, and take pride in extending the useful life of donated tools and reducing the number of tools purchased for one off jobs and then left unused."

Volunteering opportunities for everyone!

Are you interested in playing board and card games and socialising with like-minded people? Do you like gardening and planting and want to improve outdoor spaces in our community?

Would you like to join a community group that plans small local events that benefit socially isolated residents?

Or do you feel that there should be more support to the local economy and business and want to help? William Morris Big Local has volunteer opportunities for different abilities and capabilities. Contact us for more information.



**DO YOU LIVE IN WILLIAM MORRIS WARD?
JOIN THE VOLUNTEER PARTNERSHIP TEAM**

A resident-led initiative that supports, runs and funds projects in the William Morris Area to make a lasting positive difference to our area and the people who live here

CONTACT FOR VOLUNTEERING:
milla@wmbiglocal.org



COMMUNITY EVENTS

Here is a small selection of community events that we have funded that will benefit William Morris Ward residents. We will aim to open the Community Chest grants for applications this Autumn. Follow us on social media @WMBIGLOCAL for the latest events and grants.



The poster features a blue sky background with a row of stylized trees and benches. On the left is the Waltham Forest logo. In the center, the text 'LOVE PARKS WEEK 2022' is written in large, colorful letters. On the right is the William Morris Big Local logo. Below the trees, four activities are illustrated: 'story telling' with an open book, 'litter picking' with a person holding a bag, 'bird watching' with a camera and a bird, and 'nature mindfulness' with a person in a hijab. At the bottom, a yellow banner reads 'Tuesday 2nd August, 11am-2pm - Lloyd Park'.

Waltham Forest

LOVE PARKS WEEK 2022

funded by WILLIAM MORRIS BIG LOCAL

TCV The Conservation Volunteers

story telling

bird watching

litter picking

nature mindfulness

Tuesday 2nd August, 11am-2pm - Lloyd Park



 **Walk + Talk**
social group exercise

Socialise, Strength Train, and Walk to the Wetlands in 90-minutes

Fridays: 10:30am, 1:00pm, and 2:30pm

First Session Free!

WWW.WALKANDTALKCIC.COM

nick@walkandtalkcic.com | 07562475706



Hello from the **Friends of Stoneydown Park**. We have been running since 2004, helping to look after this loved and well used park.

We're very much looking forward to hosting an open air film showing again! The details are below. Nick from the Stow Film Lounge will be making the magic happen.

Please save the date, more details to follow!

For updates follow us on Instagram at [@stoneydownparke17](https://www.instagram.com/stoneydownparke17)

SAVE THE DATE

Date: Saturday 17 September

Time: 7.00pm

Place: Stoneydown Park

Film: To be confirmed – it will be family friendly!



Friends of
Stoneydown
Park

FILM IN THE PARK!

GAMES CLUB IS LOOKING FOR VOLUNTEERS!

EVERY TUESDAY 2PM - 5PM
COMMUNITY ROOM IN SALVATION ARMY BUILDING
434 FOREST RD, WALTHAMSTOW E17 4PY

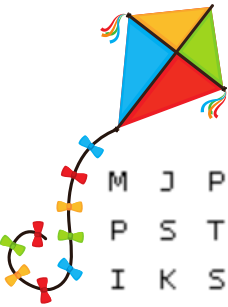
**IF YOU LIKE TO PLAY CLASSIC, TRADITIONAL BOARD/CARD GAMES WITH OTHERS,
ENJOY SOCIALISING WITH PEOPLE AND HAVE FREE TIME TUESDAY AFTERNOONS,
YOU COULD BECOME A GAMES LEADER FOR THE FREE GAMES CLUB**



CONTACT MILLA@WMBIGLOCAL.ORG FOR MORE INFO
PHONE: 07552364380

Free Games Club every Tuesday

Our popular free of charge Games Club continues to meet every Tuesday 2pm-5pm at 434 Forest Rd E17 4PY, access through the Salvation Army charity shop. We play new and classic card and board games accessible to everyone. Refreshments provided. All ages are welcome, and under 16s can attend accompanied by an adult.



PRIZE WORDSEARCH FOR UNDER 12s



M J P R T Q A T C C X L X G K
P S T D O S G O R W L L K O U
I K S U C S D I I P F A I L J
C R Z U C Y C Q A O R B E F S
V L B H R K E G L S U T I R Z
R B P O E F O K I A N E J M H
M R A T S Y I N V S N K P B K
G G N D Y W N N E C I S H J Q
N N N N M E Y N G H N A Q O X
I C I I T I J W W Z G B K Q J
K J I L M G N I E O N A C Y N
I H D Y C M Q T R I D I N G L
H L V I U Y I F O O T B A L L
B L S D C W C W Z N M Z M Q H
E I A W C J S I S F S K B O M

Summer Sports and Activities

| | | |
|-----------|---------------|----------|
| BADMINTON | BASKETBALL | CANOEING |
| CRICKET | CYCLING | FOOTBALL |
| GOLF | HIKING | RIDING |
| RUNNING | SKATEBOARDING | SURFING |
| SWIMMING | TENNIS | YOGA |

To enter, please email a photo of the solved page to milla@wmbiglocal.org or post the page to William Morris Big Local, Big Creative Academy, 38 Clifton Avenue, Walthamstow E17 6HL.

Remember to add in your contact details!

Did you find all the answers? One correct entry picked at random before 1st of September will win a Sodo pizza giftcard.

Thank you Sodo in E17 for your support!

Congratulations to Amaya, Age 7, for winning the last Wordsearch!

You will receive a Sodo gift card soon.



Walthamstow Tool Library's Community Programme



– Herbal Teas, Bike Fixings, Window Food, Willow Work, Kids Play Day and much more –

Herbalist Rasheeqa from Community Apothecary started off WTL's multifaceted summer programme with a herb walk around the Priory Court and a follow up session of tea blending and tasting.

All participants got to mix their own tea brew tailored to their personal needs – be it anxiety, stress, headaches, menstrual cramps – there is a wort for everything!

Medicinal plants are growing abundantly around our neighbourhoods. The planters outside WTL are filled with herbs and flowers that everyone's welcome to pick and make a tea or tincture – but do remember:

Always leave some behind for others!

And if you cannot find the herbs you need, apply for a community planter and grow them together with your neighbours!



Rasheeqa (second from right) with CommuniTea class



TOOL SHARPENING



£3 / TOOL
FREE for MEMBERS

up to 3 HAND TOOLS
BOOK via EMAIL

WALTHAMSTOW TOOL LIBRARY
TOOLS@FRPUK.ORG | @WALTHAMSTOWTOOLLIBRARY
WWW.FRPUK/COMMUNITY-WORK/TOOLS









GRANTS TO AWARD!

Would you like to run an activity for our local community?




Activity & Community Planter Grants

The summer programme is funded by “Awards for All” – and led by local residents.

There are still grants to give, anyone in and around Walthamstow can apply for a grant to run an activity that the community will benefit from.

Additionally, you can get support to build a community planter in your neighbourhood.

You can request up to a day of WTL people power and both the supplies and tools to install a planter.

You will be in charge of the arrangements, although WTL can provide a bit of support and guidance with planning.

All activities will need to be planned for delivery by 30th September 2022.

For more info about the summer activities as well as the grant and how to apply, go to www.frpuk.org/wt12022.

Tool Library members stories

We asked our Tool Library members to tell us what tools they had borrowed, and what they had used them for. Here are some samples of the stories we received.



Jason is making good use of the shredder

The Tool Library has been a lifesaver, says Jason

We're renovating our whole home and garden, which is not cheap, especially now. There are some tools you only need once or twice, so buying them doesn't make sense.

For example, when we arrived the garden was very overgrown. After we cleared all the brambles and ivy, we borrowed a garden shredder from the Tool Library and turned the mountain of garden waste into a small pile of woodchip we could compost.

Being able to borrow the shredder and other tools has saved us loads of money, plus we don't have to store tools we would hardly use.

One tool we did buy was a steamer for removing wallpaper. After we'd taken off all the wallpaper in the house we donated it to the Tool Library. It was nice to be able to give something back.

The team at the Tool Library are friendly and always ready with helpful advice too. We're looking forward to taking part in plant and seed swaps too.

The Tool Library has been hugely helpful for our local food growing project

We've been helping people grow fruit and veg in their gardens with a team of volunteers and have relied a lot on the library to do it, says Greg.

We've borrowed wheelbarrows, trowels, forks and saws to make new raised beds from wood and fill them with compost and plants! We've not started with any money so really couldn't have done it without the Tool Library!



Local food growing group making raised beds

Laura borrowed a variety of tools

We've been renovating our house, so in the past 12 months have borrowed a variety of tools from the tool library and have attempted things we probably wouldn't have if we'd have to have paid for the tools. It's such a great service, lovely staff. Keep up the great work.



Laura with a borrowed tree pruner

WALTHAMSTOW TOOL LIBRARY
TOOLS@FRPUK.ORG | @WALTHAMSTOWTOOLLIBRARY
WWW.FRPUK.ORG/COMMUNITY-WORK/TOOLS



WELCOME TO YOUTH CLUB!

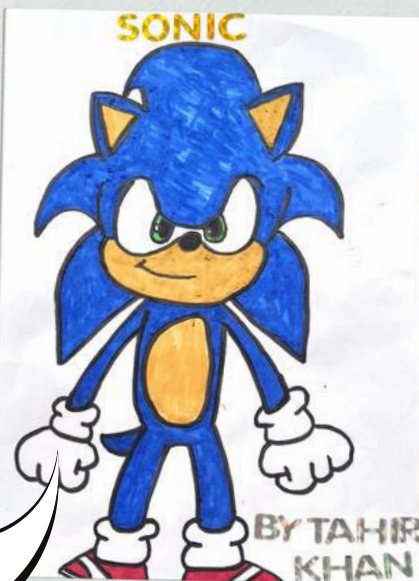
"I drew Ruri-Dragon, because I enjoy drawing and it is one of my favourite mangas"- Sola



At Youth club, we have paint pens and make amazing designs on tiles and objects

Drawing, painting and arts n crafts are really popular at Youth Club, and just one of the many activities on offer.

Regular member, Tahir Khan, created this vibrant portrait of Sonic with ink pens, and metallic stickers.



What we like about Youth Club!

Tuc Shop - its very cheap and affordable. They sell the best snacks



My favourite sport to play outside is football because you can play it with lots of people



"I like the music because you can play anything you want as long as its appropriate and everyone gets a turn."



"My favourite thing about Youth Club is all the people that come here and have fun"

"My favourite thing about youth club is seeing many friends and playing sports"



Well Done and a BIG Thank You to Morgan H and Sola G for planning designing and Curating the Young Local pages

William Morris Ward Residents Association

If you would like your opinions to be heard by local ward councillors and have the chance to influence what happens in your community, then please join one of our Residents' Association meetings!

Meetings take place 5-6 times per year in person at venues in the ward, with the option to join via Zoom. Ward councillors and the Safer Neighbourhoods Team are regular attendees.

If you are interested in finding out more, then do take a look at our website www.wmrassociation.org



Next Resident Association meeting is on Wednesday 27th July 2022, 7pm.
(Email williammorrisra@gmail.com to join the mailing list and book your place)



Walthamstow Food Bank locations

Whether you need to use a food bank or wish to donate to one, here are the local ones:

Eat or Heat:

Quaker House, 1A Jewel Road, London E17 4QU

www.eatorheat.org / 0800 772 0212

Rukhsana Khan Foundation:

<https://www.rukhsanakhanfoundation.org>
rukhsanakhanfoundation@outlook.com / 07980351351

PL84U AL SUFFA:

Monday & Wednesday 12-2pm

Epicentre

41 West Street, Leytonstone, E11 4LJ

www.pl84ualsuffa.co.uk

07539 364 110

The Lloyd Park Children's Charity Baby Bank:

<https://www.tlpcc.org.uk/baby-bank/>
Email babybank@tlpcc.org.uk

William Morris ward is a great place to live in

We would like to welcome the new ward councillors Jack Phipps and Kizzy Gardiner, who represent William Morris ward residents to the council. Do you have a local issue/concern you need addressing? Contact Jack or Kizzy!

The next surgery is Saturday 13th August, at William Morris Community Centre.

Email Cllr.Jack.Phipps@walthamforest.gov.uk or Cllr.Kizzy.Gardiner@walthamforest.gov.uk to book your place.

We hope that you enjoyed our community newsletter!

Email milla@wmbiglocal.org if you want to know more about volunteering opportunities near you.

For general enquiries call Milla: 07552 364380



Visit www.wmbiglocal.org

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